



THE EATON OAK

PUB WITH ROOMS

GLUTEN FREE MENU

NIBBLES

Mixed Pitted Olives [gf] [ve]	3
Gluten-Free Artisan Bread , balsamic & olive oil	3.5
Spiced Honey & Thyme Baked Camembert , toasted gluten-free bread, onion marmalade [v]	14

STARTERS

Our Kitchen Soup , warm & crusty gluten-free artisan bread [ve]	4.5
Bubble & Squeak , poached hen's egg & hollandaise [v] [gf]	6.5 12
Glazed Goat's Cheese Gluten-Free Crostini , garlic cream, caramelised fig & onion chutney [v] [n]	6.5
Caramelised Butternut Squash Hummus , warm gluten-free flatbread, vegetable crudité [v] [vea]	6

MAINS

Warm Braised Fennel Salad , cranberry, quinoa, baby leeks & orange dressing [ve] [gf]	12
<i>[add chicken, prawns or halloumi]</i>	4
Massaman Thai Curry , coconut rice [ve] [n] [gf]	12.5
<i>[add chicken, prawns or halloumi]</i>	4
Boneless Half Chicken , Asian slaw, crème fraîche [gf]	15
Pan Fried Seabass Fillets , kale, black olive & caper rosti & butter sauce [gf]	15
Grilled Chicken Burger , gluten-free bun, avocado, tomato jam, Asian slaw & fries	15
BBQ Jackfruit Burger , gluten-free bun, aioli, Asian slaw & fries [ve]	13.5
Steak Burger , gluten-free bun, cheddar, bacon, chilli jam, Asian slaw, fries	14
8oz 28 Day Dry Aged Sirloin Steak [gf]	23
7oz 28 Day Dry Aged Rump Steak [gf]	18
<i>Steaks served with field mushroom, roasted vine tomatoes, fries & a choice of béarnaise or peppercorn sauce</i>	

SIDES

ALL 3.5

Chunky Chips or Skinny Fries [gf] [ve]
Creamy Mash [gf] [v]
Dauphinoise Potatoes [gf] [v]
Seasonal Greens [gf] [ve]
Baby Leaf Salad [gf] [ve]
Asian Slaw [gf] [v]

DESSERTS

Winter Crumble of Apple, Pear & Blackberry , vanilla ice cream or custard [gf] [n] [v]	6
Warm Chocolate & Pecan Brownie , raspberry sorbet, chocolate sauce [gf] [ve] [n]	6
Selection of Cheeses , served with mulled apple chutney, celery, grapes, quince jelly & gluten-free crackers [v]	
Three Cheeses	8
Five Cheeses	12

Whilst we take care to ensure that there is no cross contamination, wheat & nuts are used daily in our kitchen.
If you have a food allergy or intolerance, please speak to a member of staff before you order your food or drinks.

[ve] vegan | [v] vegetarian | [gf] gluten free | [gfa] gluten free available | [n] contains nuts | [vea] vegan available

