

# eaton oak

## Breakfast

### **FULL HOUSE** - £11

Two eggs, streaky bacon, pork & herb sausages, roast tomato, hash brown, baked beans, roast mushroom and toast [v] [pb] [wgo] [992Kcal]

### **VEGGIE HOUSE** - £11

Two eggs, roast tomato, roast mushroom, grilled halloumi, hash brown, baked beans, avocado and toast [v] [pb] [wgo] [1177Kcal]

### **MAPLE SYRUP, BANANA, AND MEDJOOL DATE PORRIDGE** - £5.5

Oat milk and chia seeds [pb] [wg] [500Kcal]

### **BUTTERMILK PANCAKE STACK** - £8.5

Blueberries, rhubarb compote, crème fraîche and strawberries [v] [656Kcal]

### **CRISPY BACON & MAPLE SYRUP BUTTERMILK PANCAKE STACK** - £9

Poached eggs [869Kcal]

### **SHREDDED CONFIT DUCK HASH** - £7.5

Potato, watercress and a fried duck egg [wg] [404Kcal]

### **SMOKED SALMON** - £9

Toasted seeded bagel, crème fraîche and dill with crispy lilliput capers [434Kcal]

### **SOUTHERN FRIED BUTTERMILK CHICKEN** - £7.5

Maple syrup waffles and crème fraîche [1150Kcal]

### **AÇAI SMOOTHIE BOWL** - £6.5

Fresh berries, passionfruit and super fruit, coconut & seed medley [wg] [200Kcal]

### **BANANA, HONEYDEW MELON, KIWI, APPLE AND PASSION FRUIT SALAD** - £6

Coconut yoghurt, maple syrup, chia seeds, and mint [pb] [wg] [224Kcal]

## Extras

Hash browns - £2 [pb] [wg] [120Kcal]

Black pudding - £2 [251Kcal]

British pork & herb sausages - £2.5 [150Kcal]

Streaky bacon [wg] - £2.5 [160Kcal]

Thyme roasted field mushrooms - £1.5 [pb] [wg] [34Kcal]

Slow roasted tomatoes - £1.5 [pb] [wg] [20Kcal]

Grilled halloumi - £4 [wg] [338Kcal]

Avocado, chilli and lemon - £3 [pb] [wg] [277Kcal]



Food allergies? Please advise your server or ask for a manager before ordering. If you require information about allergens in our food, please scan the QR code. All dishes are prepared in a kitchen where all allergens are present, subsequently we cannot guarantee any to be 100% free from allergens. Fish & poultry may contain bones. Adults need around 2000kcal per day. Prices include VAT at the current rate. [pb] plant-based | [wgo] plant-based option available | [wg] made without gluten | [wgo] without gluten option available | [n] contains nuts